

**December 2021**

Welcome to the December and Christmas issue of our monthly newsletter. The last few months have been difficult and even divisive for some, so we hope you will be able to enjoy a break over the holiday period. We wish you all the best for 2022 and we thank you all for your support in navigating new ways of trading.

Christmas and New Year trading hours

- Monday Dec. 20th – Friday Dec. 24th normal trading hours 8.30am - 5.30pm
- **CLOSED** Saturday December 25th. CHRISTMAS DAY
- **CLOSED** Sunday December 26th BOXING DAY
- **CLOSED** Monday December 27th. PUBLIC HOLIDAY
- **OPEN** Tuesday December 28th 9am - 5pm
- **OPEN** Wednesday Dec. 29th – Friday Dec. 31st normal trading hours
- **CLOSED** Saturday January 1st. NEW YEARS DAY
- **CLOSED** Sunday January 2nd PUBLIC HOLIDAY
- **CLOSED** Monday January 3rd PUBLIC HOLIDAY
- **OPEN** Tuesday January 4th 9am - 5pm

From Wednesday January 5th we are back to normal hours:

Monday – Friday 8.30am – 5.30pm, Saturday 9am - 2pm. Sundays closed.

A waste-free Christmas?

Christmas is upon us once again, and as we get ready to celebrate with our loved ones, sit around the tree, give gifts and eat way more food than usual, its time to be mindful of the waste that the festive season brings. With all the gift packaging, ribbons, bows, trees, name tags and food packaging we use during this month, it's no surprise that landfills end up with so much extra rubbish, making it easy to understand why Christmas is being referred to as 'the world's greatest annual environmental disaster'. Based on stats from Australia, it's estimated that New Zealanders this Christmas will spend 60% more of our incomes and create 30% more household waste in total over the festive period.

In Aotearoa, it's estimated that we use 1600 tonnes of wrapping paper every Christmas. That's the equivalent of 10 thousand trees. If that's not enough for a re-think, then consider the 25,000 tonnes of plastic packaging waste that is expected to be discarded.

<https://www.scoop.co.nz/stories/AK2112/S00276/how-to-avoid-adding-to-the-festive-rubbish-pile-with-the-twelve-waste-free-days-of-christmas.htm>



It is possible to do it differently and look after our environment, and our local community at Christmas:

- Buy less
- Buy Pre-loved
- Make it yourself
- Give an experience
- Repurpose
- Buy local
- Buy ethical
- Donate to a charity

Bread Deliveries over Christmas and New Year.

December 2021 - January 2021

- **Bakeworks / Home St. Bakery.**
Thursday 23rd and 30th December and Thursday 6th January
- **Bread & Butter Bakery.**
Tuesday 21st December & Tuesday 11th January.
- **Breadman Bakery.**
Wednesday 22nd December and Thursday 6th January.
- **Dovedale Bakery.**
Thursday 23rd December and Thursday 6th January.
- **Essene Bakery.**
Wednesday 15th December and Wednesday 12th January.
- **Flaveur Bakery.**
Wednesday 22nd December and Wednesday 12th January.
- **Oh My Goodness Bakery.**
20th, 21st, 22nd, 23rd. December and resuming Monday 10th January.
- **Purebread Bakery.**
Tuesday 21st December, Thursday 30th December and Thursday 6th January.
- **ThoroughBread Bakery.**
Wednesday 15th December and Wednesday 12th January.
- **Venerdi Bakery.**
Tuesday 21st and Thursday 23rd December, Thursday 30th December and Thursday 6th January.
- **Wholegrain Organics Bakery.**
Tuesday 21st December and Tuesday 11th January.
- **Y'A Bon Bakery.**
20th, 22nd, 24th, 29th and 3th December and 5th and 6th January.

From Monday 10th January 2022 normal bread delivery schedules will resume.

Last minute gift ideas that don't cost the earth! Pun intended!

- Sol glass Cups in small, medium and large sizes
- Caliwoods stainless steel coffee cups
- Stainless steel drinking straws, bottles & lunch boxes
- Organic seeds
- Gardening tools and plants
- Kitchen cloths and dishbrushes
- Organic cotton produce bags, bread bags, bulk bin bags and more!
- Cane shopping baskets
- Nut milk bags and muslin straining bags
- Beeswax food wraps and DIY kits
- Bamboo and stainless steel clothes pegs
- Trade Aid hemp, jute and organic cotton shopping bags
- Organic Baby clothing and toys
- Bar soaps, shampoos, conditioners, deodorants, laundry bars

AND MORE!!

Did you know!

- We have gift vouchers in store for those last minute gifts or hard to buy for people!
- Plants and seedlings will still be available over the holiday for those keen gardeners!



Lindsay Farm raw milk deliveries

The raw organic milk is normally delivered to our rear entrance fridge on Mondays and Thursdays. Over the Christmas & New Year period, we will be open on Tuesday 28th December and Tuesday 4th December as Monday is a holiday and the milk will be delivered on the Tuesday for both those weeks. Thursday delivery will remain the same.



Did you know?

- A Naturopath and Herbalist is in store every day to support you and your family's health.
- The cellulose and paper bags we use for packaging are all completely home compostable and not meant for the landfill.
- We will also compost the Bostock Chicken, Organic Butchery, Ceres, Chantal and any other compostable packaging if you cannot compost them yourself.

- We are a drop off point for Eco Store's recycling programme. So bring in any of their unwanted containers and we will send them back to Eco Store. There is a box in the refill area.
- We have return/ recycling boxes for empty Millstream Gardens jars, empty toothpaste containers and used, clean toothbrushes, Ultrella deodorant pouches and NOW all Waiheke Herbs jars.

We are proudly certified Organic as a Store with Bio Gro New Zealand

From all the team at Cornucopia we wish you a safe and relaxing holiday season, we all need some down time and we hope you have a festive and relaxing break.

With arohanui from our whanau to yours - Meri Kirihimete!



Easy Peasy festive chocolate bark

A simple gift and recipe idea for those who are struggling to make time for Christmas baking!

Ingredients:

80-100 grams organic chocolate (Ola Pacifica or Trade Aid or Bennetto or any!)
2 tbsp coconut oil
4 tbsp Seleno Health cacao butter

Method:

Combine ingredients into a pot over medium heat on the stove, mix together and once it's all melted, pour into a lined tray to set in the freezer. Once frozen break into pieces.

Optional:

Add flower petals for a festive touch or even some goji berries, dried fruit or nuts!

Thank you to Ola Pacifica for the recipe.

New Products

- **27 SECONDS organic wine** (100% profits to women in slavery.)
- **Mamma Amore** gluten free coeliac approved pasta
- **Holy Moly** Natural skin care for kids and teens.

In store Specials Many Christmas and seasonal Specials in store.

- **Weleda** Gift Packs
- **Mia Belle** Gift Packs
- **Oasis** Sunscreen

Plus Many
More
Specials
in store



You can follow us on  and  by searching for us @cornucopiaorganics

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